



John Ray Infant School

"learning together, aiming high, proud to be ourselves"

Notley Road, Braintree, Essex, CM7 1HL

Telephone: 01376 323071

Email: enquiries@johnrayinfants.essex.sch.uk

Headteacher;
Mrs Kate Mills

Thursday 13th February

Dear Parents/Carers

Re: Coronavirus concerns

You're likely aware of the outbreak of novel coronavirus in China and the subsequent confirmed cases in the UK. At John Ray Infants, we take the health and safety of our pupils and staff very seriously, so we're sharing guidance from [Public Health England](#) on steps you should be taking.

There's currently no cause for concern at the school, but we'll keep you informed about any developments and ensure we're keeping the school clean to prevent the spread of any virus.

Prevent the spread of infection

Make sure you and your children follow these general principles to prevent spreading any respiratory virus:

Wash your hands often – with soap and water for at least 20 seconds, or an alcohol-based sanitiser if soap and water aren't available

Avoid touching your eyes, nose, and mouth with unwashed hands

Avoid close contact with people who are sick

If you feel unwell, stay at home and don't attend work or school

Cover your cough or sneeze with a tissue, then throw the tissue in a bin

Clean and disinfect frequently touched objects and surfaces in the home

If you're worried about your symptoms, please call NHS 111 – don't go directly to your GP or other healthcare environment

If you or your children have returned from anywhere in Hubei province in past 14 days

If you or your children are currently well:

Stay indoors and avoid contact with other people as you would with flu viruses

Call NHS 111 to inform them of your recent travel to the area

Your other family members don't need to take any precautions or make any changes to their own activities

If you become unwell:

Please call NHS 111 immediately in order for you to be assessed by an appropriate specialist in hospital, as quickly as possible

Follow the [home isolation advice sheet](#)

If you or your children have returned from a specified country in last 14 days, The specified countries are:

China (other than Hubei)..

Hong Kong

Japan

Macau

➤ Malaysia

➤ Singapore

➤ South Korea

➤ Taiwan

➤ Thailand

If you or your children are well:

➤ You don't need to avoid contact with other people

➤ Your other family members don't need to take any precautions or make any changes to their own activities

If you become unwell:

➤ Stay indoors and avoid contact with other people as you would with other flu viruses

➤ Follow the [home isolation advice sheet](#)

➤ Call NHS 111 immediately in order for you to be assessed by an appropriate specialist in hospital, as quickly as possible

Symptoms to look out for

If you've returned from the specified countries or Hubei, look out for the following symptoms:

➤ Cough

➤ Difficulty in breathing

➤ Fever (a temperature of 38 degrees C or higher)

If you have any of these symptoms:

➤ If it's an emergency, call 999 and tell them which country you have returned from in the past 14 days

➤ If you're unwell, but it's not an emergency, call NHS 111 and tell them which country you have returned from in the past 14 days

While you wait for further advice:

➤ Avoid contact with others

➤ Stay at home – don't go to work or school

➤ Don't travel while sick

➤ Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing, throwing tissues in the bin

➤ Wash your hands often with soap and water for at least 20 seconds (or an alcohol-based sanitiser if soap and water aren't available)

If you or your child have any further concerns or questions, please do not hesitate to contact Mrs Mills via the school office

Yours sincerely



Mrs Mills
Headteacher