



John Ray Infant School

"learning together, aiming high, proud to be ourselves"

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Headteacher:
Mrs K Mills

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Dear Parents/Carers,

I hope you have enjoyed a great half term, even though the weather has not been particularly kind to us. I am writing to share further guidance that has been issued to educational establishments by Public Health England regarding COVID-19. Please read the following information and if it applies to you then please follow the advice outlined.

If children and their families have travelled from **anywhere in Hubai province, including Wuhan** then you are required to **self-isolate for 14 days**. Please contact the school office immediately if this applies to you. If children and their families have travelled from elsewhere in **China (outside Wuhan and Hubei Province) or Hong Kong, Japan, Macau, Malaysia, Republic of Korea, Singapore, Taiwan or Thailand in the last 14 days** **If they are currently well:**

- they are advised to self-isolate only if they develop symptoms
- they can continue to attend work or education
- they do not need to avoid contact with other people
- their family do not need to take any precautions or make any changes to their own activities
- testing people with no symptoms for COVID-19 is currently not recommended
- it is useful to always take a mobile phone with them when they go out so that they can contact others if they do become unwell

If they become unwell:

- they should stay indoors and avoid contact with other people as they would with other flu viruses (see this home isolation advice sheet).
- they (or a family member, colleague or member of staff) should call NHS 111 immediately for them to be assessed by an appropriate specialist, as quickly as possible
- they should stay at home and should not attend work or education
- they should not go directly to their GP or other healthcare environment
- if they require emergency medical attention, call 999 and tell the call handler or ambulance control that the person has a history of recent travel to risk areas for COVID-19

If you require further information then please contact NHS 111 or visit the Public Health England Website.

Yours Sincerely,

Headteacher

