

John Ray Infant School

"learning together, aiming high, proud to be ourselves"

Notley Road, Braintree, Essex, CM7 1HL Telephone: 01376 323071 Email: enquiries@johnrayinfants.essex.sch.uk

Headteacher; Mrs Lisa Christian

Dear Parents/Carers,

Thursday, 22 June 2023

As we approach the summer holidays, we will be reminding the children about the importance of keeping safe as they enjoy their time away from school. This will include sun safety, road safety, safety near water, 'stranger danger' and keeping safe in new or unfamiliar environments. Alongside this, in PSHE lessons the children in Year 2 will also be thinking about their bodies, which parts are private and what to do if something is making them feel worried or upset.

As national guidance states, when children learn to use the correct terms for body parts, this includes naming the external genitalia. This is approached in an age-appropriate way in school, where we consider the stage our children are at in their personal and physical development and their maturity.

In our PSHE lessons, we will be sharing with the children the NSPCC Keeping Children Safe information and video, including the PANTS rules. You can use the link below to share this content and discuss it with your child.

We will also remind the children about the importance of keeping safe in both the real and digital world.

NSPCC Keeping Children Safe https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/

You can view our PSHE and RSE (Relationship and Sex Education) policy and curriculum overview on the school website.

If you have any questions regarding PSHE in school, please do not hesitate to contact us.

Miss Springall PSHE Lead, Year 2 Lead Mrs Christian Headteacher

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Miss Springall PSHE Lead, Year 2 Lead





Mrs Christian Headteacher



